



Elements Primary School

Creative • Unique • Innovative

Spring 2023/24 Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Week One

WC 8 January 2024
WC 29 January 2024

Main Meal

Cheese & Tomato Pizza,
served with Wedges

Penne Pasta Bolognese
with Garlic Dough Balls

Roast Chicken & Stuffing with
Roasted Baby Potatoes and
Gravy

Tuna Pasta Bake with
Garlic Bread

Fish Finger Wrap,
with Chips

Vegetarian Meal

Meatless Meatballs with
Spaghetti and Garlic Bread

Macaroni Cheese &
Garlic Bread

Quorn Fillet and Stuffing served
with Roast Potatoes and Gravy

Cheesy Bean Bake
& Wedges

Vegetable Fingers,
Served with Chips

Vegetables

Peas & Sweetcorn

Peas & Carrots

Broccoli & Cauliflower

Carrots & Sweetcorn

Garden Peas & Baked Beans

Carb

Wedges / Garlic Bread

Garlic Bread

Baby Potatoes / Garlic Bread

Wedges / Garlic Bread

Chips

Dessert

Chocolate Muffin or
Fruit Pot

Lemon Drizzle Cake
& Custard or Fruit Salad

Cherry Cake & Custard or
Fruit Pot

Chocolate Muffin or
Fruit Pot

Fruit Jelly & Ice Cream
or Fruit Boat

Week Two

WC 15 January
WC 5 February 2024

Main Meal

Cheese Whirl with
New Potatoes

Bangers n Beans - Sausage in a
Bean and Tomato Sauce Served
with Cheesy Mashed Potato

Roast Gammon and Stuffing,
served with Roast Potatoes
and Gravy

Creamy Cheese & Chicken Pasta
with Garlic Bread

Battered Fish, Served with
Chips & a slice of Lemon

Vegetarian Meal

Tomato and Basil Penne Pasta
Served with Garlic Bread

Vegetarian Spaghetti Bolognese
& Garlic Bread

Quorn Fillet and Stuffing served
with Roast Potatoes and Gravy

Vegetarian Curry
with Rice

Quorn Sausages
and Chips

Vegetables

Peas & Carrots

Broccoli & Carrots

Baton Carrots & Broccoli

Peas & Broccoli

Garden Peas & Baked Beans

Carb

New Potatoes / Garlic Bread

Cheesy Mash / Garlic Bread

Roast Potatoes

Rice / Garlic Bread /
Naan Bread

Chips

Dessert

Apple Crumble & Custard
or Fruit Salad

Carrot Cake or
Fruit Pot

Apple Flapjack or
Fruit Boat

Lemon Shortbread Biscuit
or Fruit Pot

Chocolate Brownie or
Fruit Salad

Week Three

WC 1 January 2024
WC 22 January 2024

Main Meal

Veggie Sausage Roll
& Wedges

Chicken Curry with
Basmati Rice

Roast Turkey with Roasted
Baby Potatoes and Gravy

Barbecue Turkey Wrap
and Rice

Salmon Fishcake,
Served with Chips

Vegetarian Meal

Cheese & Tomato Pizza,
served with Wedges

Vegetable Chilli served
with Rice

Quorn Fillet and Stuffing served
with Roast Potatoes and Gravy

Veggie Bangers & Beans with
Sweet Potato Mash

Fishless Fingers,
served with Chips

Vegetables

Green Beans & Carrots

Broccoli & Peas

Medley of Seasonal Vegetables

Peas & Sweetcorn

Garden Peas & Baked Beans

Carb

Wedges

Rice / Naan Bread

Baby Potatoes

Rice / Sweet Potato Mash

Chips

Dessert

Chocolate Muffin or
Fruit Pot

Orange Shortbread & Custard or
Fruit Boat

Fruit Jelly or
Fruit Pot

Chocolate Cookie or
Fruit Salad

Cherry Flapjack or
Fruit Pot

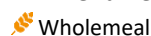
Available Daily:

- Freshly baked jacket potatoes with a choice of fillings
- Fresh bread • Cheese & crackers • Salad selection
- Whole fresh fruit • Yoghurts

Menu Key:



Vegetarian



Wholemeal



May Contain Nuts

Allergies:

If you would like to know about particular allergens in food please ask a member of the catering staff.



WELLSPRING
Catering Team
We Bake A Difference